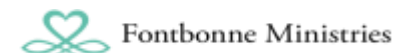


2024 SEPTEMBER

Mustard Seed Programming
791 Queen Street East: 416-465-6069



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02	03	04	05	06	07
10:00am-1:00pm: Drop-In & Computers	CLOSED LABOUR DAY NO DROP-IN TODAY	9:00am-1:00pm: Drop-In & Computers 9:00am-4:00pm: *Foot Care	9:00am-4:00pm: *Foot Care 10:30am-12:00pm: *Crafts for Women 2:00pm-4:00pm: Good Food Market		9:00am-1:00pm: Drop-In & Computers 9:00am-1:00pm: ** Housing Help (Nellie's) 10:00am-11:00am: Men's Clothing 11:00am-12:00pm: Women's Clothing	10:00am-1:00pm: Drop-In & Computers
08	09	10	11	12	13	14
10:00am-1:00pm: Drop-In & Computers	9:00am-1:00pm: Drop-In & Computers 9:00am-4:00pm: *Foot Care	9:00am-1:00pm: Drop-In & Computers 9:00am-4:00pm: *Foot Care	9:00am-4:00pm: *Foot Care 10:30am-12:00pm: *Crafts for Women 2:00pm-4:00pm: Good Food Market		9:00am-1:00pm: Drop-In & Computers 9:00am-1:00pm: ** Housing Help (Nellie's) 10:00am-11:00am: Men's Clothing 11:00am-12:00pm: Women's Clothing	10:00am-1:00pm: Drop-In & Computers
15	16	17	18	19	20	21
10:00am-1:00pm: Drop-In & Computers	CLOSED NO DROP-IN TODAY	9:00am-1:00pm: Drop-In & Computers 9:00am-4:00pm: *Foot Care	9:00am-4:00pm: *Foot Care 10:30am-12:00pm: *Crafts for Women 2:00pm-4:00pm: Good Food Market		9:00am-1:00pm: Drop-In & Computers 9:00am-1:00pm: ** Housing Help (Nellie's) 10:00am-11:00am: Men's Clothing 11:00am-12:00pm: Women's Clothing	10:00am-1:00pm: Drop-In & Computers
22	23	24	25	26	27	28
10:00am-1:00pm: Drop-In & Computers	9:00am-1:00pm: Drop-In & Computers 9:00am-4:00pm: *Foot Care	9:00am-1:00pm: Drop-In & Computers 9:00am-4:00pm: *Foot Care	9:00am-4:00pm: *Foot Care 10:30am-1:00pm: *Haircuts 2:00pm-3:30pm: Good Food Market		9:00am-1:00pm: Drop-In & Computers 9:00am-1:00pm: ** Housing Help (Nellie's) 10:00am-11:00am: Men's Clothing 11:00am-12:00pm: Women's Clothing	10:00am-1:00pm: Drop-In & Computers
29	30	01	02	03	04	05
CLOSED NO DROP-IN TODAY	9:00am-1:00pm: Drop-In & Computers 9:00am-4:00pm: *Foot Care		* Footcare and Haircuts by appointment only. Please register at Front Desk or by calling 416-465-6069.		* Crafts for Women by registration only. Please register at Front Desk or by calling 416-465-6069.	**All Nellie's programs are for anyone who identifies as a woman.