



Fontbonne Ministries

Mustard Seed: 791 Queen Street East, Toronto M4M 1H6

If you have any questions please either call Reception at 416-465-6069

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Foot Care 9:00-4:00 WWW(crafts) 10:30-12:00	2	3 Drop In 8:30-1:00 Computers: 8:30-1pm 10 am-1:00 pm Housing Support* Clothing/Hygiene 10:00 – 1:00 Takeout Lunch 11:30-1:00	4 Takeout Lunch 11:30-1:00
5 Drop In: 10:00-1:00 Computers: 10-1 Takeout Lunch 11:30-1:00	6 Drop In 8:30-11:00 Computers: 8:30-1 Knifty Knitters 12:30-3:00	7 Drop In 8:30-11:00 Computer: 8:30-1:00 Foot Care 9:00-4:00 *Nellie's Food Bank 12:00-1:00 *For women only	8 Foot Care 9:00-4:00 WWW(crafts) 10:30-12:00	9	10 Drop In 8:30-1:00 Computers: 8:30-1pm 10 am-1:00 pm Housing Support* Clothing/Hygiene 10:00 – 1:00 Takeout Lunch 11:30-1:00	11 Takeout Lunch 11:30-1:00
12 Drop In: 10:00-1:00 Computers: 10-1 Takeout Lunch 11:30-1:00	13 Drop In 8:30-11:00 Computers: 8:30-1 Knifty Knitters 12:30-3:00	14 Drop In 8:30-11:00 Computer: 8:30-1:00 Foot Care 9:00-4:00 *Nellie's Food Bank 12:00-1:00 *For women only	15 Foot Care 9:00-4:00 WWW(crafts) 10:30-12:00	16	17 Drop In 8:30-1:00 Computers: 8:30-1pm Clothing/Hygiene 10:00 – 1:00 10 am-1:00 pm Housing Support* Takeout Lunch 11:30-1:00 Anishnawbe Health Toronto Mobile Testing 10:30am-3:00pm	18 Takeout Lunch 11:30-1:00

WE ARE WHEELCHAIR ACCESSIBLE





Fontbonne Ministries

<p>19</p> <p>Drop In: 10:00-1:00</p> <p>Computers: 10-1 Takeout Lunch 11:30-1:00</p>	<p>20</p> <p>Drop In 8:30-11:00</p> <p>Computers: 8:30-1 Knifty Knitters 12:30-3:00</p>	<p>21</p> <p>Drop In 8:30-1:00</p> <p>Computer: 8:30-1:00 Foot Care 9:00-4:00</p> <p>*Nellie's Food Bank 12:00-1:00 *For women only</p>	<p>22</p> <p>Foot Care 9:00-4:00 WWW(crafts) 10:30-12:00</p>	<p>23</p>	<p>24</p> <p>Drop In 8:30-1:00</p> <p>Computers: 8:30-1pm Clothing/Hygiene 10:00 – 1:00 10 am-1:00 pm Housing Support* Takeout Lunch 11:30-1:00</p>	<p>25</p> <p>Takeout Lunch 11:30-1:00</p>
<p>26</p> <p>Drop In 10:00-1:00</p> <p>Computers: 10-1 Takeout Lunch 11:30-1:00</p>	<p>27</p> <p>Drop In 8:30-11:00</p> <p>Computers: 8:30-1 Knifty Knitters 12:30-3:00</p>	<p>28</p> <p>Drop In 8:30-1:00</p> <p>Computer: 8:30-1:00 Foot Care 9:00-4:00 Haircuts 11:30-2:00</p> <p>*Nellie's Food Bank 12:00-1:00 *For women only 10 am-1:00 pm Housing Support Worker*</p>	<p>29</p> <p>Foot Care 9:00-4:00 WWW(crafts) 10:30-12:00</p>	<p>30</p>	<p>31</p> <p>Drop In 8:30-1:00</p> <p>Computers: 8:30-1pm Clothing/Hygiene 10:00 – 1:00 10 am-1:00 pm Housing Support* Takeout Lunch 11:30-1:00</p>	

- Footcare available by drop in or by appointment.
 - Please contact the front desk to register for haircuts.
 - Schedule subject to change without notice. Last updated March 2, 2023
 - All indoor programs with the exception of the take-out lunch and clothing boutique require registration, masks and social distancing.
- *Nellie's food bank & Housing Support Worker are for women only

WE ARE WHEELCHAIR ACCESSIBLE

