

2023 JANUARY



Fontbonne Ministries

WE ARE WHEELCHAIR ACCESSIBLE 

Village Mosaic Programming 2794 Lake Shore Blvd Etobicoke 416 231-0655

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02 Village Mosaic Closed	03 10:30am Chair Yoga with Briar 1:00pm Mindfulness with Corin	04 1:00pm Curling at Village Mosaic <i>Registration Required</i>	05 10:00am Crafters Corner - 1:00pm Bingo on Zoom	06 10:00am Move to Music-Be Upstanding 1:00pm MOVIE Stan & Ollie	07
08	09 10:00am Qi Gong for Anxiety	10 10:30am Move to Music in our Chairs 1:00pm It Happened in January	11 1:00pm BINGO at Village Mosaic <i>Registration Required</i>	12 10:00am Crafters Corner 1:00pm Bingo on Zoom	13 10:00am Move to Music- Be Upstanding 1:00pm MOVIE: Penelope	14
15	16 10:00am Qi Gong for Seniors	17 10:30am Chair Yoga with Briar 1:00pm Virtual Fun with Jess	18 1:00pm Information Session: Vacant Home Tax <i>Registration</i>	19 10:00am Crafters Corner 1:00pm Bingo on Zoom	20 10:00am Move to Music- Be Upstanding 1:00pm MOVIE- Oddball	21
22	23 10:00am Qi Gong for Balance	24 10:30am Move to Music in our Chairs 1:00pm Travelogue - Scotland	25 1:00pm A celebration of Robert Burns <i>Registration Required</i>	26 10:00am Crafters Corner 1:00pm Bingo on Zoom	27 10:00am Move to Music- Be Upstanding 1:00pm MOVIE- Local Hero	28
29	30 10:00am Qi Gong for Anxiety	31 10:30am Chair Yoga with Briar 1:00pm Art Presentation with Catherine	01	02 ITEMS IN BLACK Are at VILLAGE MOSAIC	03 ITEMS IN RED Are on ZOOM	04