



Fontbonne Ministries

Mustard Seed: 791 Queen Street East, Toronto M4M 1H6

If you have any questions please either call or email Reception at 416-465-6069 or azimmer@fontbonneminstries.ca

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Drop In 8:30-11:00 Foot Care 9:00-4:00	2 Foot Care 9:00-4:00 WWW (crafts) 10:30-12:00	3	4 Drop In 8:30-11:00 Clothing/Hygiene 10:00 – 1:00 Takeout Lunch 11:30-1:00	5 Clothing/Hygiene 10:00 – 1:00 Takeout Lunch 11:30-1:00
6 Takeout Lunch 11:30-1:00	7 Drop In 8:30-11:00 Knifty Knitters 12:30-3:00	8 Drop In 8:30-11:00 Foot Care 9:00-4:00	9 Foot Care 9:00-4:00 WWW(crafts) 10:30-12:00	10	11 Drop In 8:30-11:00 10 am-1:30 pm Housing Support Worker Clothing/Hygiene 10:00 – 1:00 Takeout Lunch 11:30-1:00 Anishnawbe Health Toronto Mobile Testing 10:30am-3:00pm	12 Takeout Lunch 11:30-1:00

WE ARE WHEELCHAIR ACCESSIBLE





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<p>13</p> <p>Takeout Lunch 11:30-1:00</p>	<p>14</p> <p>Drop In 8:30-11:00 Knifty Knitters 12:30-3:00</p>	<p>15</p> <p>Drop In 8:30-11:00 Foot Care 9:00-4:00 *Nellie's Food Bank 12:00-2:00</p>	<p>16</p> <p>Foot Care 9:00-4:00 WWW(crafts) 10:30-12:00</p>	<p>17</p>	<p>18</p> <p>Drop In 8:30-11:00 10 am-1:30 pm Housing Support Worker Clothing/Hygiene 10:00 – 1:00 Takeout Lunch 11:30-1:00</p>	<p>19</p> <p>Clothing/Hygiene 10:00 – 1:00 Takeout Lunch 11:30-1:00</p>
<p>20</p> <p>Takeout Lunch 11:30-1:00</p>	<p>21</p> <p>Drop In 8:30-11:00 Knifty Knitters 12:30-3:00</p>	<p>22</p> <p>Drop In 8:30-11:00 Foot Care 9:00-4:00 Drop-in Haircuts- 11:30-2:30 *Nellie's Food Bank 12:00-2:00</p>	<p>23</p> <p>Foot Care 9:00-4:00 WWW(crafts) 10:30-12:00</p>	<p>24</p>	<p>25</p> <p>Drop In 8:30-11:00 10am – 1:30pm Housing Support Worker Takeout Lunch 11:30-1:00</p>	<p>26</p> <p>Takeout Lunch 11:30-1:00</p>
<p>27</p> <p>Takeout Lunch 11:30-1:00</p>	<p>28</p> <p>Drop In 8:30-11:00 Knifty Knitters 12:30-3:00</p>	<p>29</p> <p>Drop In 8:30-11:00 Foot Care 9:00-4:00 *Nellie's Food Bank 12:00-2:00</p>	<p>30</p> <p>Foot Care 9:00-4:00 WWW(crafts) 10:30-12:00</p>			

- All indoor programs with the exception of the take-out lunch and clothing boutique require registration, masks and social distancing.
- Footcare available by drop in or by appointment.
- Please contact the front desk to register for haircuts.
- Schedule subject to change without notice. Last updated November 17, 2022
- Nellie's food bank is for women/people who identify as women

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