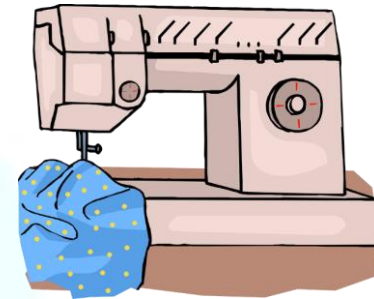




FONTBONNE MINISTRIES
Mustard Seed
SISTERS OF ST. JOSEPH, TORONTO

SEWING

“Made-to-Measure Clothing, Crafts and Home Décor”



This program caters to:

- Beginners with no previous experience
- Experienced sewers
- People that enjoy working in a group environment

What will you learn:

- Basic sewing skills – how to use a sewing machine, pattern cutting, pinning, types of stitches
- Help with troubleshooting for more experienced sewers
- Budgeting skills – saving money by doing your own repairs, alterations, and making gifts

This program is best suited for people who are comfortable with:

- Working in a small space that can be noisy
- Working with machines and sharp instruments
- Collaborating with others on group projects

The Sewing Program is offered:

- Tuesday and Wednesday 10:00am to 3:00pm (lunch break at 12 noon)
- Bring your own lunch on Tuesday—coffee, tea and cookies provided

Is there a cost:

- No fee required
- Materials and supplies provided for individual and group projects
- For personal projects, participants are asked to bring their own materials

Do you need to sign-up:

- No registration required
- Space is limited

What participants are saying about the Sewing Program:

“The volunteers and staff are really patient with me and give me one-on-one help.”

