



# SATURDAY ADULT DROP-IN

## “Conversation, Coffee, Community, Connection”



### **This program caters to:**

- Adults 16 years and older
- Individuals who enjoy being in community

### **What you will learn:**

- Social Skills – meeting and getting to know new people
- Team work and patience by helping each other learn new games

### **This program is best suited for people who are comfortable with:**

- Large group settings
- Meeting new people and engaging in conversations

### **The Saturday Adult Drop-in Program is offered:**

- Saturdays (mid October to mid May) 9:30am-3:00pm

### **Is there a cost:**

- No fee
- Lunch is provided at 12:00 noon

### **Do you need to register:**

- No registration is required
- Space is limited

### **What participants are saying about the Saturday Adult Drop-in Program:**

“It’s a safe space with lots to do and the food is great.”

“It’s a real community here.”

