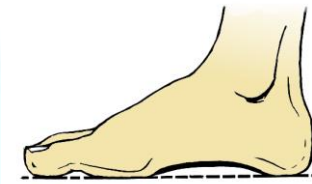




FOOT CARE AFTERNOONS

“Healthy Feet = Happy Feet”

In partnership with East End Community Health Centre



This Foot Care Program caters to:

- People who are on limited income ODSP/OW
- Have acute foot care needs
- Priority for persons with open wounds, corns, blisters, ingrown nails

What will you learn:

- The importance of foot care for overall health
- How to take care of and maintain healthy feet

This program is best suited for people who are comfortable with:

- Spending time in small spaces
- Having their feet examined which may include touch

The Foot Care Program is offered:

- Last 3rd or 4th Monday of the month

Is there a cost:

- No fee required

Do you need to sign-up:

- Yes, please call reception at 416-465-6069 to schedule an appointment

What participants are saying about the Foot Care Afternoons Program:

“I can be more active because I am no longer in pain.”

“I’ve learned how important it is to take care of my feet.”

