

Training for Friendly Visitors

at
Sisters of St. Joseph Administration Centre
101 Thorncliffe Park Drive
Toronto, M4H 1M2

A one-day training session for anyone who is involved with individuals who are homebound or isolated and those who are applying to volunteer in our friendly visiting program. Training provided by the *In Good Company* program staff.

We will explore topics such as:

- listening skills
- boundaries
- mental health
- grief and loss
- aging-related issues

\$30 per person to cover materials, refreshments and light lunch

Date in 2020 to be determined.

Preregistration is required.

For information:

416-465-6069 or infoingoodcompany@csj-to.ca



Fontbonne Ministries

SISTERS OF ST. JOSEPH, TORONTO